

CALL FOR VOLUNTEER BOARD MEMBERS

Summary

[Help Lesotho](https://www.helplesotho.org), a registered NGO in both Canada and Lesotho, is seeking candidates with a personal interest in, and commitment to, our vision and mission to join our volunteer Board of Directors at our Annual General Meeting in November 2026. We are prioritizing candidates with international cooperation, fundraising/donor engagement, human resource and Canadian governance/legal experience. Help Lesotho is committed to continuing to enhance the cultural and age diversity of our Board and encourages applications from diverse backgrounds.

About Help Lesotho

Help Lesotho is a mental health NGO igniting hope and resilience in Lesotho's young people. A Basotho staff of 40 people, most of whom are program graduates themselves, deliver grassroots mental health support and life skills training programs in rural communities. Our approach is rooted in empowering the people of Lesotho to help themselves as they navigate challenges and help build thriving families and communities.

Over the last 21 years, more than 300,000 people have engaged with Help Lesotho's work to foster resilience, reduce the spread of HIV, and curb gender-based violence. Over 60,000 children, youth, grandmothers, herd boys, young mothers, police officers, health workers and local leaders have graduated from our intensive programs, contributing to our goal of creating a critical mass of alumni who have the self-awareness, life skills and support to be leaders of social change.

Help Lesotho's Canadian team of 5 staff, headquartered in Ottawa, support program content development, ongoing capacity building, financial oversight and fundraising.

Help Lesotho has an annual budget of CAD \$1.6M and has raised over CAD \$30M from diverse funding streams, including in-country funding from such partners as UNICEF, GIZ and UNFPA. Help Lesotho has been accredited by Imagine Canada since 2014 and received numerous acknowledgements for its fiduciary accountability and transparency.

The Help Lesotho Board

The Help Lesotho Board governs the management of the organization. The Board provides fiduciary oversight; contributes to, and oversees the implementation of Help Lesotho's strategy; provides direction and approval for policies that reflect the organization's mission and values; and ensures financial resources are managed appropriately. Individual Board members bring unique experience, expertise, perspective and wisdom to the Board and the organization. The Board works collaboratively to advance the mission and vision of Help Lesotho.

Board terms are three years with an opportunity to serve for a maximum of nine years. Executive officers and committee chairs are appointed from among Board members for 2 year terms. Help Lesotho Directors are volunteers and receive no remuneration.

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Board Expectations

Board members are expected to:

- Champion the organization in order to contribute to the organizations' growth and success;
- Attend between five and eight virtual Board Meetings annually (currently Mondays 12-2pm EST);
- Participate in an annual full-day Board Retreat (in person or hybrid);
- Bring their expertise to at least one Board Committee (Finance and Audit; HR; Governance); committee meetings are held virtually at mutually convenient times;
- Dedicate time for preparation prior to each Board Meeting/Retreat/Committee meeting;
- Make annual financial contributions that are meaningful to them; and
- Sign a declaration confirming their agreement to adhere to their fiduciary duties and Board and corporation policies.

While not a requirement, Board members are encouraged to experience the impact of Help Lesotho's work first hand (including travel at their own expense if applicable).

How to Apply

Submit your expression of interest and resume using this [online form](#).

The Governance Committee will review applications and invite a short list of candidates for virtual interviews. We thank all applicants for their interest.

If you have specific questions about this opportunity, please contact info@helplesotho.org.